Technogym

Excite Live Vario



Version	Live 10" 500	Live 10" 700	Live 10" 900	Live 10" 500 HP	Live 10" 700 HP
End-user comfort and conven	nience	<u>'</u>			
Console type	Live 10"				
Human Powered Technology	No	No	No	Yes	Yes
Optimal View	Scientifically-certified dis	splay			
Fast Track Controls	No	Yes	Yes	No	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Optimal Start	Yes	Yes	Yes	Yes	Yes
Lateral supports	Yes	Yes	Yes	Yes	Yes
Converging upper body movement	Yes	Yes	Yes	Yes	Yes
Soft-touch total body nandlebar	Yes	Yes	Yes	Yes	Yes
ntegrated reading rack	Yes	Yes	Yes	Yes	Yes
ntegrated tray	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	No	Yes	No	No
Language selection before raining	Yes	Yes	Yes	Yes	Yes
_anguages available			ish, French, Dutch, Portugue Eli, Catalan, Polish, Thai, Chin		ssian, Turkish, Danish,
Goal-oriented display	Yes	Yes	Yes	Yes	Yes
Structural specifications	169	100	163	100	169
	1000 v 750 v 1000 (7	E" v 20" v 71"\			
Dimensions L x W x H*	1900 x 750 x 1800 mm (7	5 X 3U X /T")			
Equipment weight	152 kg (335 lbs)				
Technical specifications and	1				
Max user weight	180 kg (397 lbs)				
Reduced pedal height	150 mm (5.9")				
Self Adaptive Stride	0 - 830 mm (0 - 33")				
Max resistance at 70 RPM	500 watts				
IR monitoring					
Double Hand Sensors	Yes	Yes	Yes	Yes	Yes
elemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes	Yes	Yes
ANT+	No	No	Yes	No	No
Fraining options	1110	1110	1.00	110	1110
Goal-driven workouts	3 - Time / Calories / Dist	tonoo			
Heart rate-driven workouts	3 - CPR-CHR / Training	Zone / Weight Loss			
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Goal-oriented Routines	4 - Total Body / Stamina				
Goal-oriented Routines					
Goal-oriented Routines Submaximal tests	4 - Total Body / Stamina				
Goal-oriented Routines Submaximal tests Quick Start Personal assistant	4 - Total Body / Stamina 1 - Fitness Test				
Goal-oriented Routines Submaximal tests Quick Start Personal assistant	4 - Total Body / Stamina 1 - Fitness Test		Yes	Yes	Yes
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach	4 - Total Body / Stamina 1 - Fitness Test Yes	/ Glutes / Lose Weight	Yes	Yes	Yes
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity	4 - Total Body / Stamina 1 - Fitness Test Yes	/ Glutes / Lose Weight	Yes Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch	Yes Yes, through QR code	Yes
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Fechnogym Coach Connectivity Inywellness connectivity	4 - Total Body / Stamina 1 - Fitness Test Yes	/ Glutes / Lose Weight	Yes, through Key Reader, Bluetooth*, QR code, NFC and		Yes
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity mywellness connectivity Wi-Fi®	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code	/ Glutes / Lose Weight Yes	Yes, through Key Reader, Bluetooth*, QR code, NFC and Apple / Samsung Watch	Yes, through QR code	
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity My-Fi® ANT+ receiver Apple / Samsung Watch	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes Yes, through QR code Yes	/ Glutes / Lose Weight Yes	Yes, through Key Reader, Bluetooth*, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code	Yes
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity Nyi-Fi* NNT+ receiver Apple / Samsung Watch Compatibility	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No	/ Glutes / Lose Weight Yes Yes No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes	Yes, through QR code Yes No	Yes No
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Sconnectivity Nywellness connectivity Vi-Fi* NNT+ receiver Apple / Samsung Watch Compatibility JFC / RFID Reader	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No	/ Glutes / Lose Weight Yes Yes No No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes	Yes, through QR code Yes No No	Yes No No
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity NYI-Fi* NNT+ receiver Apple / Samsung Watch Compatibility JFC / RFID Reader Bluetooth* 5.0	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No	/ Glutes / Lose Weight Yes Yes No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes	Yes, through QR code Yes No	Yes No
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gennectivity Description Ownectivity NI-Fi* NNT+ receiver Apple / Samsung Watch Compatibility NFC / RFID Reader Bluetooth* 5.0 Electrical specifications	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No	/ Glutes / Lose Weight Yes Yes No No No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes	Yes, through QR code Yes No No	Yes No No
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Pechnogym Coach Connectivity AVI-Fi® ANT+ receiver Apple / Samsung Watch Compatibility AFC / RFID Reader Bluetooth® 5.0 Celectrical specifications Power requirement	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No	/ Glutes / Lose Weight Yes Yes No No No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes	Yes, through QR code Yes No No	Yes No No
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Perchogym Coach Connectivity NYI-Fi* NNT+ receiver Apple / Samsung Watch ompatibility UFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Itilities	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No	/ Glutes / Lose Weight Yes Yes No No No No No O Hz	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes Yes Yes	Yes, through QR code Yes No No No No	Yes No No No No
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Perchnogym Coach Connectivity NYI-Fi* NNT+ receiver AND+ / Samsung Watch Sompatibility NFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Jtilities Quick and easy access	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No	/ Glutes / Lose Weight Yes Yes No No No No	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes	Yes, through QR code Yes No No	Yes No No
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity Nywellness connectivity Vi-Fi* NT+ receiver Apple / Samsung Watch Compatibility NFC / RFID Reader Bluetooth* 5.0 Electrical specifications Cower requirement Utilities Quick and easy access Anterior wheels for easy	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No	/ Glutes / Lose Weight Yes Yes No No No No No O Hz	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes Yes Yes	Yes, through QR code Yes No No No No	Yes No No No No
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity MY-Fi* ANT+ receiver Apple / Samsung Watch compatibility AFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Utilities Quick and easy access Anterior wheels for easy ransport	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No 100-240 Vac ± 10% 50/6 Yes Yes	Yes Yes No No No O Hz Yes Yes	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes Yes Yes Yes Yes Yes	Yes, through QR code Yes No No No No Yes Yes	Yes No No No No Yes Yes
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity Mi-Fi* ANT+ receiver Apple / Samsung Watch compatibility NFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Jtilities Quick and easy access Anterior wheels for easy ransport JSB port	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No No 100-240 Vac ± 10% 50/6 Yes Yes Yes Yes	Yes Yes No No No O Hz Yes Yes Yes Yes	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code Yes No No No Yes Yes Yes Yes	Yes No No No No Yes Yes Yes
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity Mi-Fi° ANT+ receiver Apple / Samsung Watch compatibility NFC / RFID Reader Bluetooth° 5.0 Electrical specifications Power requirement Utilities Quick and easy access Anterior wheels for easy ransport USB port Customizable settings	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No No 100-240 Vac ± 10% 50/6 Yes Yes Yes Yes Yes Yes	Yes Yes No No No O Hz Yes Yes Yes Yes Yes Yes Yes Yes Yes	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes Yes Yes Yes Yes Yes Yes Yes Yes	Yes, through QR code Yes No No No No Yes Yes	Yes No No No No Yes Yes
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity MY-Fi* ANT+ receiver Apple / Samsung Watch compatibility AFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Utilities Quick and easy access Anterior wheels for easy ransport JSB port Customizable settings Remote software update	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No No 100-240 Vac ± 10% 50/6 Yes Yes Yes Yes	Yes Yes No No No O Hz Yes Yes Yes Yes Yes Yes Yes Yes Yes	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code Yes No No No Yes Yes Yes Yes	Yes No No No No Yes Yes Yes
Goal-oriented Routines Gubmaximal tests Quick Start Personal assistant Gechnogym Coach Connectivity NYI-Fi* NNT+ receiver Apple / Samsung Watch compatibility NFC / RFID Reader Bluetooth* 5.0 Electrical specifications Power requirement Jtilities Quick and easy access Anterior wheels for easy transport USB port Customizable settings Remote software update Certifications	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes Yes, through QR code Yes No No No No No 100-240 Vac ± 10% 50/6 Yes Yes Yes Yes Yes Yes Yes Ye	Yes Yes No No No No O Hz Yes Yes Yes Yes Yes Yes Yes Ye	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code Yes No No No Yes Yes Yes Yes Yes Yes	Yes No No No No Yes Yes Yes Yes Yes
Goal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity Mi-Fi° ANT+ receiver Apple / Samsung Watch compatibility NFC / RFID Reader Bluetooth° 5.0 Electrical specifications Power requirement Utilities Quick and easy access Anterior wheels for easy transport USB port Customizable settings Remote software update Certifications UL certificate	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes, through QR code Yes No No No No No No No Ves Yes Yes Yes Yes Yes Yes Yes Yes Yes Y	Yes Yes No No No No O Hz Yes	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code Yes No No No No Yes Yes Yes Yes Yes Yes	Yes No No No No No Yes Yes Yes Yes Yes
Groal-oriented Routines Submaximal tests Quick Start Personal assistant Technogym Coach Connectivity mywellness connectivity Wi-Fi® ANT+ receiver Apple / Samsung Watch compatibility NFC / RFID Reader Bluetooth® 5.0 Electrical specifications Power requirement Utilities Quick and easy access Anterior wheels for easy transport USB port Customizable settings Remote software update Certifications UL certificate CE Mark	4 - Total Body / Stamina 1 - Fitness Test Yes Yes Yes Yes, through QR code Yes No No No No No 100-240 Vac ± 10% 50/6 Yes Yes Yes Yes Yes Yes Yes Ye	Yes Yes No No No No O Hz Yes Yes Yes Yes Yes Yes Yes Ye	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch Yes	Yes, through QR code Yes No No No Yes Yes Yes Yes Yes Yes	Yes No No No No Yes Yes Yes Yes Yes



Version	Live 16" 5000	Live 16" 7000	Live 16" 9000			
End-user comfort and conver	nience					
Console type	Live 16"					
Optimal View	Scientifically-certified display	1	1			
Fast Track Controls Swiftpad	No No	Yes No	Yes Yes			
Ergonomic upper body handles	Yes	Yes	Yes			
Optimal Start	Yes	Yes	Yes			
Lateral supports	Yes	Yes	Yes			
Converging upper body	Yes	Yes	Yes			
movement Soft-touch total body						
handlebar	Yes	Yes	Yes			
Integrated reading rack Integrated tray with Universal	Yes	Yes	Yes			
Wireless Charger	No	No	Yes			
Wake-up Sensor Language selection before	No Yes	Yes	Yes			
training	Yes Yes Yes 24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish					
Languages available	Arabic, Korean, Norwegian, Swedish, Finni	sh, Israeli, Catalan, Polish, Thai, Chinese simp	plified, Welsh			
Goal-oriented display Structural specifications	Yes	Yes	Yes			
Dimensions L x W x H*	1900 x 750 x 1800 mm (75" x 30" x 71")					
Equipment weight	152 kg (335 lbs)					
Technical specifications and						
Max user weight	180 kg (397 lbs)					
Reduced pedal height	150 mm (5.9")					
Self Adaptive Stride	0 - 830 mm (0 - 33")					
Max resistance at 70 RPM	500 watts					
HR monitoring						
Double Hand Sensors	Yes	Yes	Yes			
Telemetry	Yes	Yes	Yes			
Bluetooth®	Yes	Yes	Yes			
ANT+ Recurring programs	Yes	Yes	Yes			
Technogym Sessions	Free sample - 3 full Sessions if the product	is either offline or online				
Training options	The cample of an ecocione it are product	in o ontrior crimine or crimine				
Goal-driven workouts	3 - Time / Calories / Distance					
Heart rate-driven workouts	3 - Time / Calories / Distance 3 - CPR-CHR / Training Zone / Weight Loss					
Preset profile workouts	6					
Create your own workout	Yes					
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training					
Goal-oriented Routines	4 - Total Body / Stamina / Glutes / Lose Weight					
Submaximal tests	1 - Fitness Test					
Quick Start	Yes					
Exergaming						
Outdoors	Free sample - 3 x 15-minute routes if the p	roduct is offline; 9×30 -minute routes if the p	roduct is online			
Personal assistant						
Technogym Coach	Yes	Yes	Yes			
Connectivity	1					
mywellness connectivity	Yes, through Key Reader, Bluetooth®, QR c	ode, NFC	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch			
Wi-Fi®	Yes	Yes	Yes			
ANT+ receiver	No	No	Yes			
Apple / Samsung Watch	No	No	Yes			
compatibility NFC / RFID Reader	Yes	Yes	Yes			
Bluetooth® 5.0	Yes	1.00	Yes			
Entertainment						
TV	Yes	Yes	Yes			
Apps	Yes	Yes	Yes			
Internet browsing	Yes	Yes	Yes			
Electrical specifications						
Power requirement	100-240 Vac ± 10% 50/60 Hz					
Utilities	1	1	1			
Quick and easy access	Yes	Yes	Yes			
Anterior wheels for easy transport	Yes	Yes	Yes			
USB port	Yes	Yes	Yes			
Customizable settings	Yes	Yes	Yes			
Remote software update	Yes: with Asset Management	1				
Certifications						
UL certificate	Yes	Yes	Yes			
CE Mark	Yes	Yes	Yes			
EAC Mark	Yes	Yes	Yes			